

SUCCESS AND WELLNESS FUNDS PLAN

Imagine Leadership Academy

GENERAL USE DESCRIPTION

Describe generally how the School will use the funds.

(What are the goals/objectives the School expects to achieve?)

Imagine Leadership will utilize the success and wellness funds to establish procedures, processes, and programs aimed at introducing and reinforcing specific skills connected to mental and physical health. This will be accomplished through the implementation of a HEALTHY BODY HEALTHY MIND PROGRAM. External agencies, including University of Akron Public Health students completing their capstones, Open-M, a community partner. Other agencies that emphasize health for the total person will also provide nutritional, mental, social, physical, and emotional wellness sessions independently and collectively before, during, and outside of school hours. Transportation will be provided for the after school sessions and the sessions held during outside of the normal school hours. We will utilize a local independent transportation company, or city transit bus passes for students/families participating in any of the HEALTHY BODY, HEALTHY MIND programs provided by our community partners.

Partner 1 Name: LifeANew Behavioral Health Center	• Community-based mental health treatment provider • Nonprofit organization with experience serving children
Partner 2 Name: Families First Mental Health Services	• Community-based mental health treatment provider • Nonprofit organization with experience serving children
Partner 3 Name: OPEN M/University of Akron (Initiative 4)	• Before and After school care programming • Nonprofit organization with experience serving children

INITIATIVE DETAILS

Describe how the funds will be used. Space for multiple initiatives has been provided. For each initiative use the rows on the following pages to: (a) identify the specific use(s) of the funds; (b) identify the category(ies) of the initiative; (c) describe how you anticipate the use of funds will impact students (including the number of students that will be impacted; include direct and indirect impacts); and (e) explain how impact will be measured.

Initiative #1 Description (Identify the specific use of funds)	USE: Classroom Teachers-Will facilitate a 15 minute (minimum) lesson on Social Emotional Wellness by utilizing the following evidence-based and evidence -informed tools. KIDS MENTAL HEALTH www.kidsmentalhealth.org GO NOODLE https://www.gonoodle.com/tags/L2nZb2/all-the-feelsvideos .
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	CLASS DOJO www.classdojo.com
Initiative Category (Select all that apply)	Culturally appropriate, evidence-based or evidence-informed prevention services, including youth-led programming and curricula to promote mental health and prevent substance use and suicide, and trauma-informed services
Anticipated <u>Direct</u> Impact (Identify the grades and number of students that are expected to be directly impacted by this use of funds <u>and</u> how they will be impacted)	Grades 1-6 Number of Students 147 This initiative will provide every student at Imagine Leadership Academy with an opportunity to receive daily morning instruction to assist with regulating and recognizing their current emotional state.
Anticipated <u>Indirect</u> Impact (Identify the grades and number of students that are expected to be indirectly impacted by this use of funds <u>and</u> how they will be impacted)	Grades 1-6 Number of Students 147 This will create a safer culture and climate within our school as well as improved behavior and/or awareness of behavior/feelings in their homes and communities.
How will you measure the success of this initiative?	• Classroom referrals • SWIS Data • Student Behavior • Family/Student Surveys • Parent Conferences

Initiative #2 Description (Identify the specific use of funds)	Art Mindfulness Teacher
Initiative Category (Select all that apply)	Culturally appropriate, evidence-based or evidence-informed prevention services, including youth-led programming and curricula to promote mental health and prevent substance use and suicide, and trauma-informed services
Anticipated <u>Direct</u> Impact Grade and number of students <i>directly</i> impacted by the initiative (Identify the grades and number of students that are expected to be directly impacted by this use of funds <u>and</u> how they will be impacted)	Grades 1-6 Number of Students 147 Art significantly impacts student mental wellness in several ways: Emotional Regulation, Stress Reduction, Creativity, and Self-Expression. Overall, music is a powerful tool for emotional well-being, social connection, and cognitive development in students.
Anticipated <u>Indirect</u> Impact (Identify the grades and number of students that are expected to be indirectly impacted by this use of funds <u>and</u> how they will be impacted)	1-6 Number of students 147 Mindfulness Art indirectly impacts student learning through self-reflection, increased creativity, and improved Relationships
How will you measure the success of this initiative?	• Classroom referrals • SWIS Data • Student observed Behavior • Family/Student Surveys • Parent Conferences
Initiative #3 Description (Identify the specific use of funds)	Before and/or After School Coping Skills Groups

Initiative Category (Select all that apply)	Culturally appropriate, evidence-based or evidence-informed prevention services, including youth-led programming and curricula to promote mental health and prevent substance use and suicide, and trauma-informed services Services for homeless youth Community liaisons or programs that connect students to community resources, including behavioral wellness coordinators and city connects, communities in schools, and other similar programs Family engagement and support services Student services provided prior to or after the regularly scheduled school day or any time school is not in session, including mentoring programs
Anticipated <u>Direct</u> Impact Grade and number of students <i>directly</i> impacted by the initiative (Identify the grades and number of students that are expected to be directly impacted by this use of funds <u>and</u> how they will be impacted)	Grade 1-6 Student Count-147 Before and after school care can significantly impact student wellness in various ways: 1. Structured Environment: Providing a safe and structured environment helps students feel secure, reducing anxiety and promoting a sense of stability. 2. Social Interaction: These programs facilitate socialization, allowing students to build friendships and develop social skills, which are essential for emotional well-being. 3. Academic Support: Many programs offer homework help and tutoring, enhancing academic performance and reducing stress related to schoolwork. 4. Physical Activity: After school care often includes physical activities, promoting fitness and helping to alleviate stress. 5. Emotional Support: Care providers can offer emotional guidance, helping students navigate challenges and fostering resilience. 6. Parental Peace of Mind: Knowing their children are in a supportive environment allows parents to focus on work or other responsibilities, contributing

	to overall family wellness. By addressing both academic and emotional needs, before and after school care plays a crucial role in supporting student wellness.
Anticipated Indirect Impact (Identify the grades and number of students that are expected to be indirectly impacted by this use of funds <u>and</u> <i>how</i> they will be impacted)	The indirect impact is the same as the direct impact.
How will you measure the success of this initiative?	• observed student behavior changes • participation level during sessions/activities • parent conversations
NUTRITION PROGRAM	NUTRITION PROGRAM
Initiative #4 Description (Identify the specific use of funds)	After School Wellness Class focused on Nutrition
Initiative Category (Select all that apply)	Community liaisons or programs that connect students to community resources, including behavioral wellness coordinators and city connects, communities in schools, and other similar programs Family engagement and support services Student services provided prior to or after the regularly scheduled school day or any time school is not in session, including mentoring programs Assessing your students and families before and after school programming needs, and partnering with a local agency to provide to provide programming in various areas, including structured physical activities, wraparound services, healthy habits and nutrition, mentoring programs or other enrichment activities Assessing your students and families before and after school programming needs, and partnering with a local agency to provide to provide programming in various areas, including structured physical activities, wraparound services, healthy habits and nutrition, mentoring programs or other enrichment activities

Anticipated <u>Direct</u> Impact Grade and number of students <i>directly</i> impacted by the initiative (Identify the grades and number of students that are expected to be directly impacted by this use of funds <u>and</u> <i>how</i> they will be impacted)	Grade 1-6 Student Count-147 After school care programs can significantly impact student wellness in various ways: 1. Can help children develop healthy eating habits, improve their nutrition, and decrease hunger. These programs can also help children form healthy patterns that they carry into adulthood. 2. Provide a safe and structured environment that helps students feel secure, reducing anxiety and promoting a sense of stability. 3. Facilitate socialization, allowing students to build friendships and develop social skills, which are essential for emotional well-being. 4. Parental Peace of Mind: Knowing their children are in a supportive environment allows parents to focus on work or other responsibilities, contributing to overall family wellness. By addressing both nutritional and emotional needs, after school programs play a crucial role in supporting student wellness.
Anticipated <u>Indirect</u> Impact (Identify the grades and number of students that are expected to be indirectly impacted by this use of funds <u>and</u> <i>how</i> they will be impacted)	The indirect impact is the same as the direct impact.
How will you measure the success of this initiative?	